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*Building a more peaceful world... together*

[www.camborne-taekwondo.com](http://www.camborne-taekwondo.com) - [www.truro-taekwondo.com](http://www.truro-taekwondo.com)

## Tae Kwon-Do News...

### 20 Years of Camborne Tae Kwon-Do

We celebrated Camborne's 20<sup>th</sup> anniversary with two events. The first was a training session on Portreath Beach on 21<sup>st</sup> May.



The second was a Tae Kwon-Do demonstration at Rosemellin School on 2<sup>nd</sup> July, supporting the Gooseberry Bush Playgroup's 20<sup>th</sup> birthday.



Thank you to everyone involved, especially Camborne founder Danny Broderick, 5<sup>th</sup> Dan who joined us for the training session.

### World Environment Day Beach Clean

To recognise the United Nations World Environment Day on 5<sup>th</sup> June we held a beach clean at Perranporth Beach, followed by a training session on Saturday 4<sup>th</sup> June. Thanks to everyone that joined us for this and helped to make a difference to our local environment.



## Dates for your diary 2011...

events updated at [www.truro-taekwondo.com](http://www.truro-taekwondo.com)

- 7<sup>th</sup> Aug Newquay Lifeboat Day Demo, 1pm  
**NO TRURO CLASS**
- 12<sup>th</sup> Aug All Truro classes move to Cornwall Cricket Centre from this date
- 29<sup>th</sup> Aug Bank Holiday  
**NO CAMBORNE CLASS**
- 1<sup>st</sup> Sep Senior grade training session – 6.30pm, Threemilestone Community Centre
- 10<sup>th</sup> Sep Truro Carnival – leaves Hendra Park 6pm
- 17<sup>th</sup> Sep Coloured Belt Grading – 1pm, Threemilestone Community Centre
- 24<sup>th</sup> Sep Kernow TAE Fun Day, Crealy Park
- 1<sup>st</sup> Oct Senior grade training session – 1pm, Threemilestone Community Centre
- 9<sup>th</sup> Oct Black Belt Grading, Derby
- 15<sup>th</sup> Oct Special Event (TBC)
- 29<sup>th</sup> Oct Senior grade training session under GTI Chairman Paresh Bhadeshia (details TBC)
- 30<sup>th</sup> Oct Umpire and Referee Course – 9.30am, Threemilestone Community Centre
- 31<sup>st</sup> Oct Halloween fancy dress training, Camborne
- 13<sup>th</sup> Nov GTI British Championships, Cheltenham  
**NO TRURO CLASS**

## More Tae Kwon-Do News...

### Summer Coloured Belt Grading

25 students successfully graded to their next belt on 15<sup>th</sup> June. The senior grades were very impressed with the improvements to everyone's theory. Keep up the good work!



Kernow T.A.E.

Student Newsletter Summer 2011

## More Tae Kwon-Do News...

### Summer Camp, Polly Joke,

Thank you to everyone that took part in our 3<sup>rd</sup> Summer Camp at Polly Joke from 24<sup>th</sup> to 27<sup>th</sup> June. The weather wasn't on our side on the first evening and the first training session had to be cancelled but the other four sessions went ahead at both Polly Joke Campsite and Polly Joke Beach.

Saturday morning session



Sunday evening session



More images at [www.truro-taekwondo.com](http://www.truro-taekwondo.com)



## Events coming soon...

### Newquay Lifeboat Day, 7<sup>th</sup> August

For the 4<sup>th</sup> year running, Cornwall GTI Tae Kwon-Do will attend Newquay Lifeboat Day at Newquay Harbour. This year's demonstration on the beach is starting about 1pm. Please arrive no later than 12.30pm. There will be breaker boards and wooden boards and tiles for those that wish to demonstrate breaks. Note that this is a **white suit event** and there is no Truro class on this day. Please help us to support the RNLI. (This is also a merit point event)

### Senior Grade training sessions

Blue, red and black belts are invited to two special training sessions **free of charge** on 1<sup>st</sup> September (6.30 to 8.30pm) and 1<sup>st</sup> October (1pm to 2.30pm) at Threemilestone Community Centre. The October session will be followed by black belt patterns training from 2.30pm to 3.30pm and an Instructor meeting at 3.30pm.

### Truro Carnival, 10<sup>th</sup> September

We will be taking part in Truro Carnival once again so we're looking for as many people as possible to join us for lots of kicks, blocks, punches and strikes through the streets of Truro. We would also like to ask parents and friends to help with giving out leaflets along the way. We muster at Hendra Park at 5.30pm to set off at 6pm and we shall be finished around 7pm at Lemon Quay. Please support the carnival. Note that this is a **white suit event**. (This is also a merit point event).

### Autumn Coloured Belt Grading

The next grading will be held at Threemilestone Community Centre at 1pm on **Saturday 17<sup>th</sup> September**. Please ensure you submit your licence and grading fees by Friday 16<sup>th</sup> September and new students will need to supply two passport photos. White suits only.

### Kernow TAE Fun Day, 24<sup>th</sup> Sept

Please join us at Cornwall's Crealy Park, 10am on Saturday 24<sup>th</sup> September for our fun day. There's plenty to amuse children and adults alike. Your park entry will be subsidised by £2 per person or £5 per family by Kernow TAE. (This is also a merit point event)

### You get to choose - vote for the Kernow TAE Christmas Event

email [instructor@truro-taekwondo.com](mailto:instructor@truro-taekwondo.com) by 1<sup>st</sup> Sep with your favourite choice of:

- (1) Meal at Shanaz Indian Restaurant, Truro (adults only)
- (2) Ten-Pin bowling and meal, Truro (adults and juniors)
- (3) Pirate themed laser tag, Camborne (adults and juniors)
- (4) Christmas meal plus disco (adults and juniors)

## Updates...

### Truro GTI is moving

Because of the high student numbers, Truro Tae Kwon-Do Academy will be moving to a new home at Cornwall Cricket Centre (the Gannel building of Truro College) from **Friday 12<sup>th</sup> August**. The times remain the same: Friday 7pm and Sunday 6pm.

Mr Liam Broderick would like to thank Truro Leisure Centre for supporting us for the many years that we've been there.

### Merit Points

With over half of the year gone, Merit Points continue to be accumulated and the top of the table current looks like this:

Ciaran Hicks – 8 points  
Edward Cummings – 8 points  
Ian Rosewarne – 8 points  
John Newman – 7 points  
Andrew Robinson – 7 points  
Chris Cummings – 7 points  
Michael Cummings – 7 points

There are still 5 further merit points up for grabs so keep attending our events and remember; *points mean prizes!*

### New T-Shirts

Kernow TAE black T-shirts in all sizes are now available from your Instructor for £14.50. New hoodies and club doboks are also in development and will be available shortly.



## Kernow Tae Kwon-Do Academy of Excellence and GTI Cornwall

Camborne, Pool Academy, Pool, Mondays & Wednesdays 7pm

Truro, Cornwall Cricket Centre Sundays 6pm, Fridays 7pm

Newquay, Newquay Sports Centre, Weds 7pm, Fridays 6pm

Seahawk, RNAS Culdrose, Mon 7pm (not open to the public)

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[www.youtube.com/TruroGTI](http://www.youtube.com/TruroGTI)

